



## How to Host a Sacred Fire Ceremony for World Peace Peace Fires Kit

Peace Fires are uniting people around the world to create an energetic shift in consciousness. Peace Fires bring people together to create positive energy for peace in our lives, our communities, and the world.

People have gathered around a fire since the beginning of time and still do for many occasions around the world. We believe the fire element has the capacity to release stress and relieve difficult emotions and at the same time help to generate positive energy and resilience.



Around the fire some meditate, some pray, some chant or sing to raise the positive vibrations even more, and others sit in silent contemplation.

People of all cultures, traditions, faiths, & backgrounds are connecting in this way globally every day.

Peace Fires can be private for your family and friends or open to the public for anyone in your community to join the experience. This kit shares all you need to know to create the Peace Fire that speaks to your heart and community.

Together we are building a movement to send the shared intention, “Let there be peace on earth and love for one another” to help bring peace and healing on a global scale.

## 2 Ways to Join the Movement & Host Peace Fires

1. Build a fire any way you like with the shared intention for peace.
2. Build a fire and lead a traditional Peace Fires ceremony with the shared intention for peace.



### Option 1: How to Host Peace Fires

Build a fire any way you like with the shared intention for peace

#### Step 1: Select a Time and Invite Friends, Family, Your Community

- Host a Peace Fire for as long as you like anytime while the Peace Fire is broadcast live from Laytonville, CA (ex.1-hour or more).
- Find dates and times for the Full Moon, Summer Solstice and New Year's Eve Peace Fires on [peacefires.org](http://peacefires.org)
- Come together with your friends and family, worship service, prayer group, meditation circle, or create a quiet space and connect by yourself. You can include Peace Fires in your existing events or activities.

## Step 2: Build a Fire and Gather Together

- Your Peace Fire can be with a fire bowl, fireplace, campfire, indoor fireplace, in a community space, or backyard. Use any space and setting that is safe for you to use.
- Gather around the fire and, while looking at the flame, connect with other Peace Fires around the globe and send the shared positive intention: *"Let there be peace on earth and love for one another."*

## Register Your Public Peace Fire

Please register your Peace Fire (on the Solstice or New Year's Eve) if it's open for anyone to join. We'll share your event details (time, location, how to reach you) on the 'Find an Event' page! Register on our website here: <http://peacefires.org/register-my-peace-fire>

## Want to Do More?

- Post pictures and share your messages of peace on your favorite social media with the hashtags #peacefires, #connectmylight
- Chant the Shakti Gayatri Prayer, if you know it, out loud around the fire as a group.

## Option 2: How to Host & Lead Peace Fires Ceremonies

Build a fire and lead a traditional Sacred Fire Ceremony with the shared intention for peace.



Everything you need to know to host and lead a traditional Peace Fire is in this kit. Reference the steps anytime.

The supply checklist at the end is there to help with organizing supplies.

## Step 1. Set-Up and Supplies

### Select a Time. Invite your Family and Friends!

- Host a Peace Fire for as long as you like (ex. 1-hour) anytime while the Peace Fire is broadcast live from Laytonville, CA



- Find dates and times for upcoming Full Moon, Summer Solstice and New Year's Eve Peace Fires on [peacefires.org](http://peacefires.org)
- Come together with your friends and family, worship service, prayer group, meditation circle, or create a quiet space and connect by yourself. You can include Peace Fires in your existing events or activities.

### **What to Bring - Suggestions for an Outdoor Peace Fire:**

- Chair to sit on outside
- Dress in layers to be comfortable outside (coat, hat, scarf, blanket).
- Bottle of drinking water for yourself
- 1 fresh brown coconut to crack and offer to the fire. Please shake the coconut to be sure it is fresh with liquid inside. (Available at grocery stores in the produce section and Asian and Indian markets.)
- Your open heart and your love.

You can have a donation basket or ask for a small donation, such as \$10, to help support the purchase of supplies for your Peace Fires.

### **Officially Register**



Peace Fires are connecting around the globe and we want to share about yours. Please register your Solstice and New Year's Eve Peace Fire our website. We'll list your event details (time, location, how to reach you) on the "Find an Event" map.

Register your Peace Fire:  
<http://peacefires.org/register-my-peace-fire>

The excitement is building!

### **Gather Supplies and Materials**

Each step of this guide describes the supplies you'll need. We recommend building your traditional fire pit or getting a fire bowl in advance to make it easy to set up. But you can always prepare your Peace Fire and host all in the same day. Many people do. The supply checklist at the end can help with organizing all your materials

## Step 2: Create an Altar

An altar is not necessary. God is both form and formless. Altars are used to open our hearts to God and bring the Divine energy into our spaces. If you would like to create an altar, it can be simple with a single image of the Divine that touches your heart. You can also use several images or statues that speak to your spiritual tradition and the ways you connect with God. You will be bringing the energy of the divine souls on your altar into your Peace Fire ceremony. If you wish, include representations of the Earth's Five Elements on your altar, for example with a candle (fire), rosewater (water), vibhuthi/ash (earth), and/or incense (air).



The altar and divine image(s) can be decorated with fresh greenery, leaves, flowers and other natural items in any way that makes your altar and Peace Fire special for you. It's most powerful to decorate with fresh flowers, greenery, plants, berries that are growing naturally around where you will have your Peace Fire. Store-bought items make for a beautiful altar too.

Place the altar to the southwest of your fire pit. A table, chair, or anything that is large enough to hold at least one divine image, a candle, and your blessing tray will work. See the section Prepare a Peace Fire Tray for details about this.

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## Step 3: Prepare a Peace Fires Tray



The Peace Fire tray holds a beautiful combination of offerings we give to God through the fire in thanks for the energy and blessings received from the Peace Fire. The specific combination of items is a sacred formula from the palm leaf manuscripts of India for blessing Divine abundance and connecting with the Divine through the earth's Five Elements.

Your Peace Fire blessing tray should be placed on your altar before the ceremony starts. At the end of the Peace Fire, you'll offer it in a ceremonial way on behalf of

everyone attending. Details about how to do this are described in the Concluding a Peace Fire section.

Any portion or combination of the following items will bring powerful blessings to everyone, the atmosphere, and the earth. If you can, include some of each item:

- small handful of rice
- small handful of red (kum kum) powder
- small amount of yellow (tumeric) powder
- small amount of vibhuti
- different flowers, 9 varieties if possible
- different fruits, 9 varieties if possible
- different scented oils, 9 varieties if possible
- different seeds, 9 varieties if possible
- incense sticks, 9 sticks
- one fresh brown coconut (cracked at the opening of the peace fire with the pieces placed on top of the tray)

Tip: Use a few small paper cupcake wrappers to hold the oils, seeds, kum kum, turmeric, and/or vibhuti on the tray.

### **Prepare Small Bowls of Rice**

It adds to the power of the Peace Fire when participants offer rice to the fire at the end of each mantra repetition, or when they feel pulled to do so with their prayers. Many Peace Fire hosts handout small paper bowls or plastic cups filled with rice to participants before the fire starts. It's helpful to have a 'back up' container of rice on hand for people to refill their rice bowls/cup if necessary during the Peace Fire.

## **Step 4: Prepare and Decorate for Your Peace Fires Ceremony**

### **Your Ceremonial Fire Pit**

If you don't already have a place to hold the Peace Fire, you will need to build a ceremonial fire pit, or purchase a fire bowl in advance. Any fire bowl, fire pit, or fireplace (that hasn't been used for cooking meat) will work. If you'd like to create a traditional fire pit please see the section: How to Build a Peace Fire.

For the most powerful flow of divine energy, your fire pit should be in the southeast or northwest quadrant/area of your property or house. It is best not to have a fire in the southwest or northeast of your home or property.





Prepare the kindling in a small or "medium sized" triangle fashion and add paper and camphor in the center.

When arranging the wood, think of having the kindling 'frame' large enough for the flames to be visible to everyone; it's a medium sized fire to start.

## Decorating Your Fire Pit, Dhuni, or Fire Bowl

Decorate with fresh flowers, leaves, incense, cut limes and/or by drawing sacred symbols in your spiritual tradition in any way that touches your heart. There are no set rules. If you can, use anything fresh growing in nature around your fire pit, such as greenery, berries, flowers, leaves, fruit, or vegetables. Store-bought items may be used too. It's best to have something fresh on all four sides of a traditional fire pit, or around your fire pit/bowl to start as you can.

If you'd like to decorate in a traditional Indian fashion, here is one example (there are many different possibilities):

- Make a circle-within-a-circle. This is a symbol of the Sacred Feminine, the Divine Mother, in the Indian tradition. First make a circle of yellow turmeric powder on each corner and in the middle of the dhuni steps.
- On top of the turmeric circles put a smaller circle of red kum kum powder.
- It's really helpful to make a stencil out of paper for the big and small circles. You can also be creative and draw the "OM" symbol in kum kum or make the symbol for the Divine Father, 3 lines of Shiva, in the middle of each side of your dhuni.
- Add limes cut in half and dipped in red kum kum on each corner.
- Decorate the steps and sides with fresh flowers, leaves, plants, fruits, vegetables, greenery etc. any way that looks inviting and beautiful to you.



## Step 5: Leading a Peace Fires Sacred Fire Ceremony

You can lead Peace Fires by yourself or in a team with others. As the leader, sit closest to the altar in the southwest. Your friends and others coming can sit anywhere next to you and around the fire.

### Invite the Light



It's helpful to give a short introduction about the process and how to use the fire that will bring everyone together and focus the energy.

You could share that the sacredness of fire is universal to all wisdom traditions: a flame is the living symbol of the Divine. Fire ceremonies are one of the most powerful practices we can do. When we are present to a fire ceremony, when our hearts are open, the energy starts to flow in us. The energy our souls receive is equal to the energy of a thousand of the most powerful healers.

Peace Fires is connecting thousands of people around the world a fire to send a wave of positive energy circling the globe with one unifying intention:

*“Let there be peace on Earth and love for one another.”*

There is great power in coming together around a fire and sending a shared intention for peace to uplift the world. Every time we join around a Peace Fire we are uplifting the atmosphere for people, plants and animals everywhere. Together we can manifest miracles.

### How to Use the Fire

- Set your intention when the Peace Fire starts. Silently say the prayer *"Let there be peace on Earth and love for one another,"* and hold this intention in your heart during the Peace Fire.
- Look into the fire, connecting to it with your eyes. Use your eyes to receive positive energy, send healing energy, and release stress and negativity.
- Talk silently to the fire. Say what is on your heart. Ask for the healing you need. Ask for what you and your family need to be happy, healthy, and to fulfill your life purpose.



- Chant the Shakti Gayatri Mantra out loud for all or at least some of the puja. You're welcome to sit silently some the time too, just listening and feeling the vibrations. (Share handouts of the prayer, if you can)
- Offer rice at the end of each mantra repetition or as you feel led. (Pass out bowls/cups of rice before you start your Peace Fire.)
- Offer your coconut to the fire anytime during the ceremony.

### How to 'Charge' a Coconut with Your Intentions:



Hold the coconut in your hands or touching your third eye. Energetically you are putting your intentions into the coconut for what you want to manifest.

Then using a rock or hard surface, crack open the coconut. This releases the intentions and prayers you put inside and it releases the fresh water and air in the coconut into the atmosphere.

Doing this brings blessing energy to your intentions and to everyone around the fire. Give all the cracked coconut pieces to the fire as an offering of thanks.

## Sequence of a Peace Fires Ceremony

### 1.) Light the Fire with a Ceremony to Your Altar



Start with a simple ceremony to bring the soul energy of the divine souls on your altar into the fire. Begin by lighting 2+ sticks of incense and wave them in a clockwise direction 3 times (traditionally this is called ārathi) in front of the altar. Place the lit incense into the ground or in a container of sand or rice next to your fire pit, bowl, or fireplace.

Next, light camphor placed in a spoon or on a plate, and wave the flame 3 times in clockwise fashion to the divine images on your altar. This is another ārathi to the altar. With the flame still burning, take it to your fire and use this ārathi flame to ignite your sacred fire. Invite everyone to

clap when the ārathi flame ignites and starts your fire. (You may need to be the first to clap.) Add ghee right away to help grow the fire.

If possible, ring a bell or ask someone to ring a bell for you while you are doing ārathi with the incense and ārathi with the camphor flame until the puja fire is lit.

Note: Keep an eye on the incense to have some burning throughout the entire ceremony. When these sticks burn down, simply get 2+ more and repeat the altar ārathi process (without the bell).

## 2.) Chant the Opening Prayers

The opening prayers set the sacred space. Ask everyone to join you in chanting the Guru Prayer/Mantra, Ganesh Prayer/Mantra and Gayatri Prayer/Mantra out loud with you.

## 3.) Chant the Shakti Gayatri Prayer and Make Offerings to the Fire



Chanting out loud is most powerful. You or other pujaris lead the chanting and signal when to start and stop. Chant the Shakti Gayatri Prayer out loud as fast as is comfortable for everyone to build the vibrations going into to the fire. The words of this prayer are at the end of the kit.

After each repetition of the prayer, offer a small amount of rice. As the leader, you or someone helping you, should feed ghee to the fire after each repetition or after every few repetitions depending on how much ghee you have and how tall your fire is growing. You'd like the flames to be a good size, but not too tall and wild.

### Offering Coconuts

Coconuts can be offered to the fire any time.

If anyone brought flowers or incense to offer the fire, they can make these offerings any time during the Peace Fire too.



## Step 6: Concluding a Peace Fire Ceremony

Keep track of the time and at the end of the Peace Fire (1 hour recommended) continue chanting as you get the offering tray to close the fire ceremony.

### Blessing the Peace Fires Tray



At the end of the time for your Peace Fire, while everyone continues chanting, carry the tray to each person to touch for a few seconds and give thanks for the energy and blessings received from the Peace Fire. This connects all participants with the positive, healing vibrations created during the ceremony.

### Offering the Blessing Tray



After all participants have blessed the tray, stand in front of the altar and hold the tray up to the sky. Then turn in a 360-degree circle with the tray, offering it to God and all Creation. Everyone continues chanting as they watch the presentation of the offering.

When you have made a complete circle, pour the contents of the puja tray into the fire, and then clap while chanting "Om Shanti, Shanti, Shanti-hi." The flow of sound created by chanting and calling to God until the closing prayers.

Add a large amount of ghee to the fire after the blessing tray is offered to now make the flames really tall.



## Final Blessings for the World



Close the fire puja by chanting a special prayer that the healing and positive energy (vibrations) created during the Peace Fire blesses everyone, all beings everywhere, with happiness and peace:

lokha samastha saukino bhavantu  
lokha samastha sukino bhavantu  
lokha samastha sukino bhavantu  
ōṃ shanti, shanti, shanti-hi

## Final Receiving of the Energy



As a final closing and receiving of the energy created during the Peace Fire ceremony, ask all the participants to join you as you walk (advise caution) around the fire bowl or dhuni in a clockwise direction (circle) 3 times. This is called pradakshina.

After your Peace Fire is over, all of the fresh dhuni and altar decorations can be offered in the fire and burned.

## Share your Pictures and Messages of Peace!



Post pictures or short videos of your Peace Fires on Facebook, Twitter, Instagram with the hashtags:

#peacefires  
#connectmylight

**Let there be peace on earth  
and love for one another.**



Thank you for hosting Sacred Fire Ceremonies for World Peace  
in your community  
uniting with our global community

Send us pictures of you with your Peace Fires!  
(Pictures in daylight are best)  
[contacts@peacefires.org](mailto:contacts@peacefires.org)

Share your Peace Fires experiences with us!  
<http://peacefires.org/sharewithus>

Let there be peace on earth and love for one another.

## Supply Checklist for a Peace Fire Traditional Sacred Fire Ceremony for World Peace

### Preparing the Fire/Dhuni:

- Shovel
- Kindling
- Fire wood
- Decorations: Fresh flowers, leaves, greenery, red powderder (kum kum), yellow powder (tumeric), or any natural items you would like
- Camphor (4-8 pieces, depending on puja length)
- Limes (2)

### Preparing the Altar:

- Divine image(s)
- Table
- Candle(s)
- Altar cloth (any covering you wish)
- Bell to ring during aarathi
- Camphor and something to hold lit camphor during aarathi (such as spoon)
- Lighter
- Decorations: Fresh flowers, leaves, greenery, or other natural items

### Preparing the Offering Tray:

- Flowers, 9 varieties if possible
- Fruits, 9 varieties if possible
- Scented oils, 9 varieties if possible



- Seeds, 9 varieties if possible
- Incense, 9 sticks
- Rice
- Vibhuti
- Red (kum kum) powder
- Yellow (tumeric) powder
- Tray or plate

#### During the Peace Fire Ceremony:

- Ghee + spoon - 1 pint recommended for a 1 hour Peace Fire
- Rice - enough for all participants
- Bowls/Cups for rice - amount depends on number of participants
- Incense - 18 recommended, or enough to keep 9 sticks burning during the fire
- Mantra/Prayer sheets
- Flowers to offer to the fire (optional)
- Coconuts - 1 or more for yourself to make intentions with during the Peace Fire. You can ask participants to bring a coconut as a personal offering to the fire.
- Rocks - 1 for you, 1 for participants to use to crack coconuts
- Hand towel - for person feeding ghee to the fire

## Shakti Gayatri Mantra/Prayer

ōṃ aiṃ aiṃ aiṃ  
klīṃ klīṃ klīṃ  
saum saum saum  
bhur bhuvā svaha  
tat savitur varenyam  
bhargo devasya dhimahi  
ddhiyoyonaha prachodayat

### The Shakti Gayatri Mantra: A Prayer of Divine Love

#### Bringing Healing, Protection and Awakening Consciousness

Mantras are prayers with divine vibrations made of light and sound; they are words that have power to completely transform us. There is a prana, an inner energy or life force, hidden in the sounds (bijaksharas) of each mantra to develop our soul and bring us what we need.

The Gayatri mantra is considered the highest mantra in the Vedas; equal to the four Vedas. It removes negative energy blocks, releases anger, unhappiness, and awakens our consciousness. Every person, if you keep on meditating with the Gayatri or certain healing technique mantras from the Vedic tradition, every little while, it's making you discharge (release) all the karma. Especially the Gayatri has that kind of power. And the bijaksharas (seed power words in the prayer), any bijaksharas can help you a lot. Just keep on saying the bijaksharas. It produces a lot of shakti, a lot of vibration, making you a powerful confident person.

It helps. It brings the energy to not get disturbed. Say aiṃ three times, say the klīṃ three times, say the saum three times then add the Gayatri mantra."

- Sri Kaleshwar

## Opening Prayers: Guru, Ganesh & Gayatri Mantras

### Guru Mantra

ōm guru brahmhā  
guru viSHNu  
guru devo maheshvaraha  
guru sākshāt parabrahmhaṃ  
tasmai śri guruvena namaha

### Ganesh Mantra

ōm śauklaṃ baradharaṃ viSHNum  
śaśivarNam  
chatur bhujam prasanna vadanam  
dhyayē sarva vighnopa śantayē

### Gayatri Mantra

ōm bhur bhuva svaha  
tat savitur varenyam  
bhargo devasya dhimahi  
dhiyoyonaha prachodayat



## Teachings About These Prayers

### Guru Mantra

With this mantra we connect to the teacher, guide, guru, the lineage of masters, and our own inner guru (Brahma Consciousness). We are inviting these divine souls to be with us during the fire puja. The lineage of masters includes Jesus, Shirdi Baba, Mother Mary, Babaji, Sri Kaleshwar, Buddha, Ramakrishna Paramahansa, Sarada Devi, Vivekananda, and Ramana Maharshi, among other saints.

“There is an energy hidden in you that is your real master, your inner guru. That is your Brahma Consciousness. The Brahma Consciousness is God’s gift to us. We can also call it our sixth sense or the ‘voice of the soul’. It is your own soul shadow. We are all linked with our Brahma Consciousness. We have a connection to everything through our Brahma Consciousness.”  
- Sri Kaleshwar

### Ganesh Mantra

Ganesh is the remover of obstacles. A heartfelt prayer to him opens the auspicious energy channels for success in your spiritual process. Imagine walking behind a huge elephant that is clearing the path ahead of you for your success whatever you are doing.

### Gayatri Mantra

This mantra is considered the highest mantra in the Vedas; equal to the four Vedas. It helps to remove negative energy blocks, charges our souls and awakens our consciousness.